**Life in Iowa:**  
A Series of Activities for New International Students  
2007-08

“Life in Iowa,” is a program designed to assist international students adjust to living and studying in Iowa. The program is sponsored by the Office of International Students & Scholars (OISS). The OISS staff wants to see international students to be successful and enjoy life at the University of Iowa!

<table>
<thead>
<tr>
<th><strong>The Schedule for August:</strong></th>
<th><strong>Date</strong></th>
<th><strong>Time</strong></th>
<th><strong>Place</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Initial Orientation Program</td>
<td>Aug. 14&lt;sup&gt;th&lt;/sup&gt; – 24&lt;sup&gt;th&lt;/sup&gt;</td>
<td>Refer to orientation schedule</td>
<td></td>
</tr>
<tr>
<td>*FIS Picnic</td>
<td>Sat., Aug. 25&lt;sup&gt;th&lt;/sup&gt;</td>
<td>4:00 to 6:00 PM</td>
<td>City Park, Shelter #6</td>
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<tr>
<td>*Café Central - Ice Cream Social</td>
<td>Fri., Aug. 31&lt;sup&gt;st&lt;/sup&gt;</td>
<td>4:00 to 6:00 PM</td>
<td>John Deere Plaza, Seamans Center</td>
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<tr>
<th><strong>The Schedule for September:</strong></th>
<th><strong>Date</strong></th>
<th><strong>Time</strong></th>
<th><strong>Place</strong></th>
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<tbody>
<tr>
<td>Developing a Life in Iowa</td>
<td>Fri., Sept. 7&lt;sup&gt;th&lt;/sup&gt;</td>
<td>4:00 to 5:00 PM</td>
<td>The Commons, UCC</td>
</tr>
<tr>
<td>~ Outside of the Classroom</td>
<td></td>
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<tr>
<td>Understanding the American workplace: Values and Culture on the Job</td>
<td>Tues., Sept. 18&lt;sup&gt;th&lt;/sup&gt;</td>
<td>3:30 to 5:00 PM</td>
<td>The Commons, UCC</td>
</tr>
<tr>
<td>Preparing for Iowa’s Four Seasons: Weather Safety</td>
<td>Wed., Sept. 19&lt;sup&gt;th&lt;/sup&gt;</td>
<td>3:30 to 5:00 PM</td>
<td>The Commons, UCC</td>
</tr>
<tr>
<td>Café Central</td>
<td>Fri., Sept. 28&lt;sup&gt;th&lt;/sup&gt;</td>
<td>4:00 to 6:00 PM</td>
<td>The Commons, UCC</td>
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<tr>
<th><strong>The Schedule for October:</strong></th>
<th><strong>Date</strong></th>
<th><strong>Time</strong></th>
<th><strong>Place</strong></th>
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<tbody>
<tr>
<td>Iowa Ecosystems</td>
<td>Fri., Oct. 5&lt;sup&gt;th&lt;/sup&gt;</td>
<td>4:00 to 6:00 PM</td>
<td>The Commons, UCC</td>
</tr>
<tr>
<td>Body Pump (Weight Training)</td>
<td>Sat., Oct. 13&lt;sup&gt;th&lt;/sup&gt;</td>
<td>2:00 to 4:00 PM</td>
<td>Core Fitness</td>
</tr>
<tr>
<td>Café Central – Halloween Carving</td>
<td>Fri., Oct. 26&lt;sup&gt;th&lt;/sup&gt;</td>
<td>4:00 to 6:00 PM</td>
<td>IP Commons</td>
</tr>
</tbody>
</table>
| Halloween Swingers Ball       | Fri., Oct. 26<sup>th</sup> | 8:00 to 11:00 PM | Old Brick  
(dance lessons begin at 7:00 PM) |

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<thead>
<tr>
<th><strong>The Schedule for November</strong></th>
<th><strong>Date</strong></th>
<th><strong>Time</strong></th>
<th><strong>Place</strong></th>
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<tbody>
<tr>
<td>International Education Week</td>
<td>Nov. 12 thru 16&lt;sup&gt;th&lt;/sup&gt;</td>
<td>*TBA</td>
<td>TBA</td>
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<tr>
<td>Café Central - Ice Skating Party</td>
<td>Fri., Nov. 30&lt;sup&gt;th&lt;/sup&gt;</td>
<td>TBA</td>
<td>Coral Ridge Mall</td>
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*Schedule continued on back….*
Life in Iowa Schedule, continued

**The Schedule for January:**
Initial Orientation Program  
Jan. 14 – 18th  
TBA  
TBA

Café Central  
Fri., Jan. 25th  
4:00 to 6:00 PM  
The Commons, UCC

**The Schedule for February:**
Dating and Friendship: American Style  
Tues. Feb. 12th  
6:00 to 7:30 PM  
The Commons, UCC

ELECTING AN AMERICAN PRESIDENT: CAUCUSES, PRIMARIES AND CONVENTIONS  
Thurs., Feb. 21st  
3:30 to 5:00 PM  
The Commons, UCC

Café Central  
Fri., Feb. 29th  
4:00 to 6:00 PM  
The Commons, UCC

**The Schedule for March:**
The English You Don’t Learn in the Classroom  
Wed., Mar. 5th  
3:30 to 5:00 PM  
The Commons, UCC

Café Central  
Fri., March 28th  
4:00 to 6:00 PM  
The Commons, UCC

**The Schedule for April:**
Café Central  
Fri., April 25th  
4:00 to 6:00 PM  
The Commons, UCC

**Iowa City Live Music Scene**
Iowa City has an extremely rich and vibrant community of performing musicians. From truly American music such as bluegrass, jazz, and blues to the internationally-influenced sounds of reggae and afrobeat, Iowa City is quickly becoming one of the best places to hear fun new local music. This program will arrange group visits to various live music venues to open the door to an exciting part of American culture and introduce you to some of the groups and individuals making great music while representing the state of Iowa. Look for announcements in the OISS Weekly Update (e-mail list-serv).

*Acronyms, Abbreviations & Definitions:*
The Commons – International Commons in the University Capitol Centre (UCC #1117)
FIS – Friends of International Students (community organization affiliated with OISS)
OISS – Office of International Students and Scholars
TBA – To Be Announced. This information will be provided later via the OISS Weekly Update.
UCC – University Capitol Centre (the building location of the OISS)
Café Central is an opportunity for social gathering among international students, domestic students, faculty, staff, friends, and family.

**Accommodation requests:**
Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate, please also contact Helen Jameson at by phone (319) 335-0335 and/or by e-mail at: helen-jameson@uiowa.edu.